COLLEGE OF SOCIAL SCIENCES
MATSUNAGA INSTITUTE FOR PEACE
University of Hawai'i at Mānoa™

In Partnership With: 100th Infantry Battalion Veterans aka Club 100, Ceeds of Peace, Chaminade University of Honolulu, Conflict Resolution Alliance, Department for Educational Administration-UH Mānoa, East-West Center Leadership Program, Farrington High School, Hawai'i State Bar Association Alternative Dispute Resolution Section, Institute for Climate and Peace, Kailua High School, Kaua'i Economic Opportunity, Ku'ikahi Mediation Center, Lōkahi Foundation, Maui Mediation Services, MediationWorks, Peace Corps, REAL Innovative Connections, Rotary Club at Honolulu Sunset, Teach For America Hawai'i, The Mediation Center of the Pacific, and West Hawai'i Mediation Center

ADVENTURES IN PEER MEDIATION | SKILLS WORKSHOP

HOW TO REDUCE ANXIETY IN THE TIME OF COVID-19

WITH KAILUA HIGH SCHOOL STUDENTS

LEARN ABOUT PEER MEDIATION SKILLS

THURSDAY, APRIL 8, 2:45 - 3:15 PM HAWAI'I TIME

RSVP AT HOWTOREDUCE.EVENTBRITE.COM

Zoom login will be provided to registered participants

Raffle for gift cards:

- **One raffle ticket per 'skill workshop' attended from April 8 to April 29.**
- **Raffle drawing will be held at the 'closing panel' on April 30 for those in attendance.**

The Session:
Being a teenager can be stressful especially during online or hybrid school. The Kailua High School Peer Mediators will discuss how to cope with stress and anxiety.